



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Genari, Ingrid

Number: 225

Course: 12.00 km
12 km Run

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:19:37

Speed: 9.04 km/h

Running performance: 6:38 min/km

Rank in course/Total: 253 (of 268)

Rank in course/Women: 69 (of 77)

Best time in course: 49:00

Rank in category: 11(of 12)

Best time in the category: 55:36