



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Kapp, Dieter

Club: Mannheim  
Number: 122

Course: 12.00 km  
12 km Run

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:22:36

Speed: 8.72 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 259 (of 268)

Rank in course/Men: 189 (of 191)

Best time in course: 42:10

Rank in category: 22(of 23)

Best time in the category: 46:49