



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Zach, Wolfgang

Club: INTERNATIONALER BUND
Number: 265

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:40

Speed: 8.31 km/h
Running performance: 7:13 min/km

Rank in course/Total: 263 (of 268)

Rank in course/Men: 190 (of 191)

Best time in course: 42:10

Rank in category: 33(of 33)

Best time in the category: 46:59