



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Mees, Claus

Club: Praxis für Groß und Klein
Number: 470

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 22:51

Speed: 15.75 km/h
Running performance: 3:49 min/km

Rank in course/Total: 2 (of 175)

Rank in course/Men: 2 (of 80)

Best time in course: 21:38

Rank in category: 1(of 7)

Best time in the category: 22:51