



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Luber, Norbert

Club: MTG Running
Number: 435

Course: 6.00 km
6 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 23:16

Speed: 15.47 km/h
Running performance: 3:53 min/km

Rank in course/Total: 5 (of 175)

Rank in course/Men: 5 (of 80)

Best time in course: 21:38

Rank in category: 1(of 9)

Best time in the category: 23:16