



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Kampler, Tom

Club: Mannheim  
Number: 449

Course: 6.00 km  
6 km Run

Category:  
Senioren M45 (45-49 Jahre)

Total time: 23:28

Speed: 15.34 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 6 (of 175)

Rank in course/Men: 6 (of 80)

Best time in course: 21:38

Rank in category: 1(of 12)

Best time in the category: 23:28