



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Heinl, Gerhard

Club: SG Stern Mannheim  
Number: 460

Course: 6.00 km  
6 km Run

Category:  
Senioren M50 (50-54 Jahre)

Total time: 25:41

Speed: 14.02 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 11 (of 175)

Rank in course/Men: 10 (of 80)

Best time in course: 21:38

Rank in category: 2(of 12)

Best time in the category: 23:55