



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Ambacher, Lara

Club: Mannheim
Number: 496

Course: 6.00 km
6 km Run

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 27:38

Speed: 13.03 km/h
Running performance: 4:37 min/km

Rank in course/Total: 22 (of 175)

Rank in course/Women: 4 (of 95)

Best time in course: 24:14

Rank in category: 1(of 4)

Best time in the category: 27:38