



2. DJK Walking-Day  
Lünen-Brambauer / 16.06.2012

Detailed evaluation

Lange, Friedhelm

Club: TLV Rünthe  
Number: 10131

Course: 10.00 km  
10 km Nordic Walking

Total time: 1:33:23

Speed: 6.43 km/h

metres in height up: 94  
Course score: 11.41  
performance score: 73 Points