



2. DJK Walking-Day  
Lünen-Brambauer / 16.06.2012

Detailed evaluation

Köster, Ingelore

Club: Pv Triathlon Witten  
Number: 18133

Course: 18.00 km  
18 km Nordic Walking

Total time: 2:36:27

Speed: 6.90 km/h

metres in height up: 118  
Course score: 19.77

performance score: 136 Points