



2. DJK Walking-Day
Lünen-Brambauer / 16.06.2012

Detailed evaluation

Köster, Ingelore

Club: Pv Triathlon Witten
Number: 18133

Course: 18.00 km
18 km Nordic Walking

Total time: 2:36:27

Speed: 6.90 km/h

metres in height up: 118
Course score: 19.77

performance score: 136 Points