



2. DJK Walking-Day
Lünen-Brambauer / 16.06.2012

Detailed evaluation

Gruife, Michael

Club: Bochum
Number: 5134

Course: 5.00 km
5 km Nordic Walking

Total time: 39:20

Speed: 7.63 km/h

metres in height up: 47
Course score: 5.71

performance score: 44 Points