



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Die Runster

Total time: 15:47:24

Number: 94

Speed: 10.83 km/h

Running performance: 5:32 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 156 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 28(of 72)

Mixstaffel

Best time in the category: 11:49:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:29:28	5:06	29	21:16	118	26:54	17.50	1:29:28	5:06	63		237	26:54
Schildwiese	19.80	1:44:12	5:15	44	29:31	158	36:50	37.30	3:13:40	5:11	63		237	1:03:44
Neuhaus	16.50	1:23:33	5:03	12	13:39	74	24:30	53.80	4:37:13	5:09	63		237	1:23:26
Masserberg	18.10	1:28:32	4:53	16	20:01	75	31:52	71.90	6:05:45	5:05	63		237	1:47:33
Allzunah	17.20	2:01:52	7:05	62	51:50	220	56:29	89.10	8:07:37	5:28	63		237	2:44:02
Grenzadler	20.00	1:48:32	5:25	39	36:59	162	38:10	109.10	9:56:09	5:27	63		237	3:15:10
Neue Ausspanne	13.90	1:11:42	5:09	8	10:23	101	23:15	123.00	11:07:51	5:25	63		237	3:37:05
Kleiner Inselsber	14.00	1:20:59	5:47	30	23:00	147	31:11	137.00	12:28:50	5:27	63		237	4:07:33
Hohe Sonne	19.40	1:42:27	5:16	43	31:41	164	34:38	156.40	14:11:17	5:26	63		237	4:42:11
Hörschel	14.70	1:36:07	6:32	60	32:04	206	47:38	171.10	15:47:24	5:32	29	3:57:27	158	5:24:01