



14. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Rostock Aerospace Running Team

Total time: 14:51:19

Number: 200

Speed: 11.51 km/h

Running performance: 5:13 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 95 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 78(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:28:54	5:04	86	26:20	116	26:20	17.50	1:28:54	5:04	80	26:20	116	26:20
Schildwiese	19.80	1:29:43	4:31	43	22:21	58	22:21	37.30	2:58:37	4:47	80	48:41	116	48:41
Neuhaus	16.50	1:18:49	4:46	36	19:46	43	19:46	53.80	4:17:26	4:47	80	1:03:39	116	1:03:39
Masserberg	18.10	1:31:00	5:01	66	34:20	91	34:20	71.90	5:48:26	4:50	80	1:30:14	116	1:30:14
Allzunah	17.20	1:28:57	5:10	40	23:34	51	23:34	89.10	7:17:23	4:54	80	1:53:48	116	1:53:48
Grenzadler	20.00	1:41:11	5:03	89	30:49	119	30:49	109.10	8:58:34	4:56	80	2:17:35	116	2:17:35
Neue Ausspanne	13.90	1:08:26	4:55	64	19:59	71	19:59	123.00	10:07:00	4:56	80	2:36:14	116	2:36:14
Kleiner Inselsber	14.00	1:29:16	6:22	138	39:28	202	39:28	137.00	11:36:16	5:04	80	3:14:59	116	3:14:59
Hohe Sonne	19.40	1:52:56	5:49	140	45:07	216	45:07	156.40	13:29:12	5:10	80	4:00:06	116	4:00:06
Hörschel	14.70	1:22:07	5:35	98	33:38	135	33:38	171.10	14:51:19	5:12	79	4:27:56	96	4:27:56