



14. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Mühlhäuser Laufcombo

Total time: 14:57:46

Number: 170

Speed: 11.43 km/h

Running performance: 5:15 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 101 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 82(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.50	1:27:29	4:59	78	24:55	102	24:55	17.50	1:27:29	4:59	84	24:55	122	24:55	
Schildwiese	19.80	1:30:29	4:34	46	23:07	62	23:07	37.30	2:57:58	4:46	84	48:02	122	48:02	
Neuhaus	16.50	1:27:17	5:17	76	28:14	97	28:14	53.80	4:25:15	4:55	84	1:11:28	122	1:11:28	
Masserberg	18.10	1:34:07	5:11	91	37:27	122	37:27	71.90	5:59:22	4:59	84	1:41:10	122	1:41:10	
Allzunah	17.20	1:49:26	6:21	122	44:03	171	44:03	89.10	7:48:48	5:15	84	2:25:13	122	2:25:13	
Grenzadler	20.00	1:50:36	5:31	128	40:14	178	40:14	109.10	9:39:24	5:18	84	2:58:25	122	2:58:25	
Neue Ausspanne	13.90	1:03:48	4:35	36	15:21	39	15:21	123.00	10:43:12	5:13	84	3:12:26	122	3:12:26	
Kleiner Inselsber	14.00	1:11:22	5:05	54	21:34	71	21:34	137.00	11:54:34	5:12	84	3:33:17	122	3:33:17	
Hohe Sonne	19.40	1:28:45	4:34	45	20:56	57	20:56	156.40	13:23:19	5:08	84	3:54:13	122	3:54:13	
Hörschel	14.70	1:34:27	6:25	133	45:58	201	45:58	171.10	14:57:46	5:14	83	4:34:23	102	4:34:23	