



14. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

PDV-Power-Runners I

Total time: 12:20:05

Number: 207

Speed: 13.86 km/h

Running performance: 4:20 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 9 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 8(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:12:32	4:08	12	9:58	16	9:58	17.50	1:12:32	4:08	8	9:58	13	9:58
Schildwiese	19.80	1:18:26	3:57	11	11:04	12	11:04	37.30	2:30:58	4:02	8	21:02	13	21:02
Neuhaus	16.50	1:08:45	4:10	8	9:42	8	9:42	53.80	3:39:43	4:05	8	25:56	13	25:56
Masserberg	18.10	1:20:26	4:26	17	23:46	25	23:46	71.90	5:00:09	4:10	8	41:57	13	41:57
Allzunah	17.20	1:38:17	5:42	90	32:54	113	32:54	89.10	6:38:26	4:28	8	1:14:51	13	1:14:51
Grenzadler	20.00	1:20:59	4:02	7	10:37	10	10:37	109.10	7:59:25	4:23	8	1:18:26	13	1:18:26
Neue Ausspanne	13.90	1:05:02	4:40	43	16:35	48	16:35	123.00	9:04:27	4:25	8	1:33:41	13	1:33:41
Kleiner Inselsber	14.00	58:04	4:08	11	8:16	12	8:16	137.00	10:02:31	4:23	8	1:41:14	13	1:41:14
Hohe Sonne	19.40	1:16:02	3:55	8	8:13	10	8:13	156.40	11:18:33	4:20	8	1:49:27	13	1:49:27
Hörschel	14.70	1:01:32	4:11	10	13:03	10	13:03	171.10	12:20:05	4:19	8	1:56:42	9	1:56:42