



14. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

10. Thüringer Zahnärztestaffel

Total time: 15:10:39

Number: 222

Speed: 11.27 km/h

Running performance: 5:19 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 117 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 95(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:43:03	5:53	137	40:29	206	40:29	17.50	1:43:03	5:53	98	40:29	141	40:29
Schildwiese	19.80	1:35:36	4:49	71	28:14	99	28:14	37.30	3:18:39	5:19	98	1:08:43	141	1:08:43
Neuhaus	16.50	1:31:02	5:31	96	31:59	126	31:59	53.80	4:49:41	5:23	98	1:35:54	141	1:35:54
Masserberg	18.10	1:25:44	4:44	47	29:04	60	29:04	71.90	6:15:25	5:13	98	1:57:13	141	1:57:13
Allzunah	17.20	1:29:58	5:13	47	24:35	60	24:35	89.10	7:45:23	5:13	98	2:21:48	141	2:21:48
Grenzadler	20.00	1:44:49	5:14	100	34:27	140	34:27	109.10	9:30:12	5:13	98	2:49:13	141	2:49:13
Neue Ausspanne	13.90	1:16:27	5:30	112	28:00	137	28:00	123.00	10:46:39	5:15	98	3:15:53	141	3:15:53
Kleiner Inselsber	14.00	1:28:30	6:19	136	38:42	197	38:42	137.00	12:15:09	5:21	98	3:53:52	141	3:53:52
Hohe Sonne	19.40	1:34:07	4:51	73	26:18	97	26:18	156.40	13:49:16	5:18	98	4:20:10	141	4:20:10
Hörschel	14.70	1:21:23	5:32	93	32:54	124	32:54	171.10	15:10:39	5:19	96	4:47:16	118	4:47:16