



14. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Rolf & Freunde

Total time: 15:20:07

Number: 196

Speed: 11.15 km/h

Running performance: 5:23 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 123 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 99(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:20:11	4:34	37	17:37	49	17:37	17.50	1:20:11	4:34	102	17:37	150	17:37
Schildwiese	19.80	1:44:17	5:16	108	36:55	159	36:55	37.30	3:04:28	4:56	102	54:32	150	54:32
Neuhaus	16.50	1:37:26	5:54	117	38:23	163	38:23	53.80	4:41:54	5:14	102	1:28:07	150	1:28:07
Masserberg	18.10	1:34:33	5:13	92	37:53	126	37:53	71.90	6:16:27	5:14	102	1:58:15	150	1:58:15
Allzunah	17.20	1:40:53	5:51	96	35:30	121	35:30	89.10	7:57:20	5:21	102	2:33:45	150	2:33:45
Grenzadler	20.00	1:44:09	5:12	99	33:47	137	33:47	109.10	9:41:29	5:19	102	3:00:30	150	3:00:30
Neue Ausspanne	13.90	1:09:19	4:59	75	20:52	83	20:52	123.00	10:50:48	5:17	102	3:20:02	150	3:20:02
Kleiner Inselsber	14.00	1:19:59	5:42	100	30:11	134	30:11	137.00	12:10:47	5:20	102	3:49:30	150	3:49:30
Hohe Sonne	19.40	1:45:36	5:26	122	37:47	183	37:47	156.40	13:56:23	5:20	102	4:27:17	150	4:27:17
Hörschel	14.70	1:23:44	5:41	108	35:15	151	35:15	171.10	15:20:07	5:22	100	4:56:44	124	4:56:44