



14. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Die Kohlkopf Runners

Total time: 15:37:51

Number: 172

Speed: 10.94 km/h

Running performance: 5:29 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 144 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 112(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:16:17	4:21	19	13:43	25	13:43	17.50	1:16:17	4:21	120	13:43	179	13:43
Schildwiese	19.80	1:36:26	4:52	72	29:04	103	29:04	37.30	2:52:43	4:37	120	42:47	179	42:47
Neuhaus	16.50	1:28:49	5:22	83	29:46	107	29:46	53.80	4:21:32	4:51	120	1:07:45	179	1:07:45
Masserberg	18.10	1:19:00	4:21	13	22:20	21	22:20	71.90	5:40:32	4:44	120	1:22:20	179	1:22:20
Allzunah	17.20	2:03:25	7:10	145	58:02	224	58:02	89.10	7:43:57	5:12	120	2:20:22	179	2:20:22
Grenzadler	20.00	1:39:25	4:58	79	29:03	103	29:03	109.10	9:23:22	5:09	120	2:42:23	179	2:42:23
Neue Ausspanne	13.90	1:22:05	5:54	126	33:38	176	33:38	123.00	10:45:27	5:14	120	3:14:41	179	3:14:41
Kleiner Inselsber	14.00	1:50:31	7:53	149	1:00:43	235	1:00:43	137.00	12:35:58	5:31	120	4:14:41	179	4:14:41
Hohe Sonne	19.40	1:46:23	5:29	123	38:34	186	38:34	156.40	14:22:21	5:30	120	4:53:15	179	4:53:15
Hörschel	14.70	1:15:30	5:08	65	27:01	83	27:01	171.10	15:37:51	5:28	113	5:14:28	145	5:14:28