



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

PDV Power Runners II

Total time: 15:42:01

Number: 193

Speed: 10.89 km/h

Running performance: 5:31 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 153 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 120(of 149)

Männerstaffel

Best time in the category: 10:23:23

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.50	1:40:56	5:46	136	38:22	200	38:22	17.50	1:40:56	5:46	126	38:22	186	38:22	
Schildwiese	19.80	1:47:33	5:25	117	40:11	175	40:11	37.30	3:28:29	5:35	126	1:18:33	186	1:18:33	
Neuhaus	16.50	1:05:37	3:58	5	6:34	5	6:34	53.80	4:34:06	5:05	126	1:20:19	186	1:20:19	
Masserberg	18.10	1:48:23	5:59	133	51:43	198	51:43	71.90	6:22:29	5:19	126	2:04:17	186	2:04:17	
Allzunah	17.20	1:50:21	6:24	128	44:58	179	44:58	89.10	8:12:50	5:31	126	2:49:15	186	2:49:15	
Grenzadler	20.00	1:46:09	5:18	110	35:47	152	35:47	109.10	9:58:59	5:29	126	3:18:00	186	3:18:00	
Neue Ausspanne	13.90	1:04:05	4:36	38	15:38	42	15:38	123.00	11:03:04	5:23	126	3:32:18	186	3:32:18	
Kleiner Inselsber	14.00	1:21:58	5:51	111	32:10	152	32:10	137.00	12:25:02	5:26	126	4:03:45	186	4:03:45	
Hohe Sonne	19.40	1:47:34	5:32	127	39:45	193	39:45	156.40	14:12:36	5:27	126	4:43:30	186	4:43:30	
Hörschel	14.70	1:29:25	6:04	122	40:56	181	40:56	171.10	15:42:01	5:30	121	5:18:38	154	5:18:38	