



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

Dadner Rennsteigrenner

Total time: 14:01:24

Number: 92

Speed: 12.19 km/h

Running performance: 4:55 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 47 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 8(of 72)

Mixstaffel

Best time in the category: 11:49:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:23:32	4:46	14	15:20	67	20:58	17.50	1:23:32	4:46	48		237	20:58
Schildwiese	19.80	1:19:14	4:00	2	4:33	13	11:52	37.30	2:42:46	4:21	48		237	32:50
Neuhaus	16.50	1:18:12	4:44	5	8:18	39	19:09	53.80	4:00:58	4:28	48		237	47:11
Masserberg	18.10	1:10:04	3:52	2	1:33	5	13:24	71.90	5:11:02	4:19	48		237	52:50
Allzunah	17.20	2:00:21	6:59	60	50:19	215	54:58	89.10	7:11:23	4:50	48		237	1:47:48
Grenzadler	20.00	1:25:39	4:16	7	14:06	24	15:17	109.10	8:37:02	4:44	48		237	1:56:03
Neue Ausspanne	13.90	1:03:55	4:35	3	2:36	40	15:28	123.00	9:40:57	4:43	48		237	2:10:11
Kleiner Inselsber	14.00	1:19:49	5:42	26	21:50	132	30:01	137.00	11:00:46	4:49	48		237	2:39:29
Hohe Sonne	19.40	1:39:06	5:06	33	28:20	135	31:17	156.40	12:39:52	4:51	48		237	3:10:46
Hörschel	14.70	1:21:32	5:32	29	17:29	127	33:03	171.10	14:01:24	4:55	8	2:11:27	47	3:38:01