



14. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

VR-Bank-Pleißgirls - Lauftreff Breitung **Total time: 14:07:28**

Number: 2

Speed: 12.11 km/h  
Running performance: 4:57 min/km

Course: 171.10 km  
Blankenstein-Hörschel

Rank in course: 49 (of 236)  
Best time in course: 10:23:23

Category:  
Frauenstaffel

Rank in category: 2(of 15)  
Best time in the category: 12:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:32:12	5:16	5	20:38	144	29:38	17.50	1:32:12	5:16	2	20:38	237	29:38
Schildwiese	19.80	1:26:23	4:21	2	1:48	35	19:01	37.30	2:58:35	4:47	2	22:26	237	48:39
Neuhaus	16.50	1:12:44	4:24	1	-	19	13:41	53.80	4:11:19	4:40	2	17:23	237	57:32
Masserberg	18.10	1:32:51	5:07	7	15:26	106	36:11	71.90	5:44:10	4:47	2	32:49	237	1:25:58
Allzunah	17.20	1:42:09	5:56	6	15:54	127	36:46	89.10	7:26:19	5:00	2	48:43	237	2:02:44
Grenzadler	20.00	1:27:32	4:22	1	-	28	17:10	109.10	8:53:51	4:53	2	47:19	237	2:12:52
Neue Ausspanne	13.90	1:07:53	4:53	3	7:28	67	19:26	123.00	10:01:44	4:53	2	54:47	237	2:30:58
Kleiner Inselsber	14.00	1:10:10	5:00	4	4:25	64	20:22	137.00	11:11:54	4:54	2	59:12	237	2:50:37
Hohe Sonne	19.40	1:33:35	4:49	4	11:22	92	25:46	156.40	12:45:29	4:53	2	1:10:34	237	3:16:23
Hörschel	14.70	1:21:59	5:34	6	17:05	132	33:30	171.10	14:07:28	4:57	2	1:17:38	49	3:44:05