



# 14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

## Detailed evaluation

Irrläufer Fit&Run

Total time: 14:11:13

Number: 57

Speed: 12.05 km/h

Running performance: 4:58 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 51 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 9(of 72)

Mixstaffel

Best time in the category: 11:49:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:31:03	5:12	35	22:51	136	28:29	17.50	1:31:03	5:12	47		237	28:29
Schildwiese	19.80	1:30:55	4:35	14	16:14	65	23:33	37.30	3:01:58	4:52	47		237	52:02
Neuhaus	16.50	1:25:49	5:12	16	15:55	89	26:46	53.80	4:27:47	4:58	47		237	1:14:00
Masserberg	18.10	1:32:04	5:05	21	23:33	97	35:24	71.90	5:59:51	5:00	47		237	1:41:39
Allzunah	17.20	1:27:40	5:05	8	17:38	41	22:17	89.10	7:27:31	5:01	47		237	2:03:56
Grenzdler	20.00	1:33:49	4:41	15	22:16	66	23:27	109.10	9:01:20	4:57	47		87	2:20:21
Neue Ausspanne	13.90	1:12:01	5:10	10	10:42	107	23:34	123.00	10:13:21	4:59	47		237	2:42:35
Kleiner Inselsber	14.00	1:02:54	4:29	5	4:55	25	13:06	137.00	11:16:15	4:56	47		237	2:54:58
Hohe Sonne	19.40	1:31:50	4:44	14	21:04	76	24:01	156.40	12:48:05	4:54	47		237	3:18:59
Hörschel	14.70	1:23:08	5:39	34	19:05	144	34:39	171.10	14:11:13	4:58	9	2:21:16	51	3:47:50