



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

48er VR-Bank-Coburg-FrauenTeam Total time: 14:44:39
 Speed: 11.60 km/h
 Running performance: 5:10 min/km

Number: 8

Course: 171.10 km
 Blankenstein-Hörschel

Rank in course: 84 (of 236)
 Best time in course: 10:23:23

Category:
 Frauenstaffel

Rank in category: 5(of 15)
 Best time in the category: 12:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:27:58	5:01	3	16:24	105	25:24	17.50	1:27:58	5:01	5	16:24	237	25:24
Schildwiese	19.80	1:38:33	4:58	6	13:58	118	31:11	37.30	3:06:31	5:00	5	30:22	237	56:35
Neuhaus	16.50	1:27:09	5:16	4	14:25	95	28:06	53.80	4:33:40	5:05	5	39:44	237	1:19:53
Masserberg	18.10	1:32:20	5:06	6	14:55	101	35:40	71.90	6:06:00	5:05	5	54:39	237	1:47:48
Allzunah	17.20	1:37:47	5:41	4	11:32	108	32:24	89.10	7:43:47	5:12	5	1:06:11	237	2:20:12
Grenzadler	20.00	1:42:14	5:06	5	14:42	124	31:52	109.10	9:26:01	5:11	5	1:19:29	237	2:45:02
Neue Ausspanne	13.90	1:17:40	5:35	8	17:15	146	29:13	123.00	10:43:41	5:13	5	1:36:44	237	3:12:55
Kleiner Inselsber	14.00	1:11:47	5:07	5	6:02	74	21:59	137.00	11:55:28	5:13	5	1:42:46	237	3:34:11
Hohe Sonne	19.40	1:27:14	4:29	2	5:01	46	19:25	156.40	13:22:42	5:07	5	1:47:47	237	3:53:36
Hörschel	14.70	1:21:57	5:34	5	17:03	131	33:28	171.10	14:44:39	5:10	5	1:54:49	85	4:21:16