



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

X-Runners

Total time: 11:20:18

Number: 160

Speed: 15.08 km/h

Running performance: 3:59 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 5 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 5(of 149)

Männerstaffel

Best time in the category: 10:23:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:11:53	4:06	9	9:19	12	9:19	17.50	1:11:53	4:06	5	9:19	6	9:19
Schildwiese	19.80	1:15:19	3:48	6	7:57	7	7:57	37.30	2:27:12	3:56	5	17:16	6	17:16
Neuhaus	16.50	1:07:55	4:06	7	8:52	7	8:52	53.80	3:35:07	3:59	5	21:20	6	21:20
Masserberg	18.10	1:11:27	3:56	5	14:47	7	14:47	71.90	4:46:34	3:59	5	28:22	6	28:22
Allzunah	17.20	1:22:53	4:49	21	17:30	27	17:30	89.10	6:09:27	4:08	5	45:52	6	45:52
Grenzadler	20.00	1:18:02	3:54	4	7:40	7	7:40	109.10	7:27:29	4:06	5	46:30	6	46:30
Neue Ausspanne	13.90	48:45	3:30	2	0:18	2	0:18	123.00	8:16:14	4:02	5	45:28	6	45:28
Kleiner Inselsber	14.00	54:30	3:53	4	4:42	4	4:42	137.00	9:10:44	4:01	5	49:27	6	49:27
Hohe Sonne	19.40	1:09:31	3:35	3	1:42	3	1:42	156.40	10:20:15	3:57	5	51:09	6	51:09
Hörschel	14.70	1:00:03	4:05	8	11:34	8	11:34	171.10	11:20:18	3:58	5	56:55	5	56:55