



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

arthrose

Number: 53

Course: 171.10 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 15:24:43

Speed: 11.10 km/h

Running performance: 5:24 min/km

Rank in course: 128 (of 236)

Best time in course: 10:23:23

Rank in category: 19(of 72)

Best time in the category: 11:49:57

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:31:36	5:14	37	23:24	140	29:02	17.50	1:31:36	5:14	46		237	29:02
Schildwiese	19.80	1:33:27	4:43	18	18:46	84	26:05	37.30	3:05:03	4:57	46		237	55:07
Neuhaus	16.50	1:22:25	4:59	10	12:31	68	23:22	53.80	4:27:28	4:58	46		237	1:13:41
Masserberg	18.10	1:34:13	5:12	25	25:42	123	37:33	71.90	6:01:41	5:01	46		237	1:43:29
Allzunah	17.20	1:42:02	5:55	21	32:00	126	36:39	89.10	7:43:43	5:12	46		237	2:20:08
Grenzadler	20.00	1:47:32	5:22	37	35:59	158	37:10	109.10	9:31:15	5:14	46		237	2:50:16
Neue Ausspanne	13.90	1:35:58	6:54	64	34:39	225	47:31	123.00	11:07:13	5:25	46		237	3:36:27
Kleiner Inselsber	14.00	1:17:20	5:31	23	19:21	116	27:32	137.00	12:24:33	5:26	46		237	4:03:16
Hohe Sonne	19.40	1:46:35	5:29	55	35:49	188	38:46	156.40	14:11:08	5:26	46		237	4:42:02
Hörschel	14.70	1:13:35	5:00	10	9:32	65	25:06	171.10	15:24:43	5:24	19	3:34:46	129	5:01:20