



14. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 16.06.2012

Detailed evaluation

m&i Fachklinik Bad Liebenstein

Total time: 15:34:44

Number: 23

Speed: 10.98 km/h

Running performance: 5:28 min/km

Course: 171.10 km

Blankenstein-Hörschel

Rank in course: 143 (of 236)

Best time in course: 10:23:23

Category:

Rank in category: 26(of 72)

Mixstaffel

Best time in the category: 11:49:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.50	1:21:53	4:40	12	13:41	57	19:19	17.50	1:21:53	4:40	66		237	19:19
Schildwiese	19.80	1:39:55	5:02	33	25:14	131	32:33	37.30	3:01:48	4:52	66		237	51:52
Neuhaus	16.50	1:29:34	5:25	21	19:40	117	30:31	53.80	4:31:22	5:02	66		237	1:17:35
Masserberg	18.10	1:36:23	5:19	32	27:52	141	39:43	71.90	6:07:45	5:06	66		237	1:49:33
Allzunah	17.20	2:06:42	7:21	67	56:40	228	1:01:19	89.10	8:14:27	5:32	66		237	2:50:52
Grenzadler	20.00	1:50:17	5:30	43	38:44	176	39:55	109.10	10:04:44	5:32	66		237	3:23:45
Neue Ausspanne	13.90	1:20:53	5:49	40	19:34	170	32:26	123.00	11:25:37	5:34	66		237	3:54:51
Kleiner Inselsber	14.00	1:16:14	5:26	21	18:15	110	26:26	137.00	12:41:51	5:33	66		237	4:20:34
Hohe Sonne	19.40	1:43:21	5:19	47	32:35	169	35:32	156.40	14:25:12	5:31	66		237	4:56:06
Hörschel	14.70	1:09:32	4:43	6	5:29	39	21:03	171.10	15:34:44	5:27	26	3:44:47	144	5:11:21