



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Thomas, Manfred

Club: LFV Oberholz

Number: 9

Course: 15.30 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:40

Speed: 13.71 km/h

Running performance: 4:17 min/km

Rank in course/Total: 35 (of 158)

Rank in course/Men: 31 (of 114)

Best time in course: 50:36

Rank in category: 4(of 9)

Best time in the category: 59:59