



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Nouri, Karim

Club: Leipzig

Number: 61

Course: 15.30 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:10:03

Speed: 12.85 km/h

Running performance: 4:35 min/km

Rank in course/Total: 55 (of 158)

Rank in course/Men: 49 (of 114)

Best time in course: 50:36

Rank in category: 8(of 19)

Best time in the category: 58:31