



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Schirling, Alexander

Club: BSW Sixers

Number: 140

Course: 15.30 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:16:22

Speed: 11.79 km/h

Running performance: 4:59 min/km

Rank in course/Total: 96 (of 158)

Rank in course/Men: 84 (of 114)

Best time in course: 50:36

Rank in category: 21(of 26)

Best time in the category: 1:00:16