



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Gräfe, Friedmar

Club: Leipzig

Number: 78

Course: 15.30 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:17:33

Speed: 11.61 km/h

Running performance: 5:04 min/km

Rank in course/Total: 103 (of 158)

Rank in course/Men: 88 (of 114)

Best time in course: 50:36

Rank in category: 8(of 9)

Best time in the category: 59:59