



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Plewe, Birgit

Club: LFV Oberholz

Number: 21

Course: 15.30 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:19:02

Speed: 11.39 km/h

Running performance: 5:10 min/km

Rank in course/Total: 109 (of 158)

Rank in course/Women: 18 (of 44)

Best time in course: 1:01:16

Rank in category: 3(of 8)

Best time in the category: 1:09:07