



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Haake, Kai

Club: Leipzig

Number: 35

Course: 15.30 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:19:56

Speed: 11.26 km/h

Running performance: 5:13 min/km

Rank in course/Total: 113 (of 158)

Rank in course/Men: 94 (of 114)

Best time in course: 50:36

Rank in category: 16(of 19)

Best time in the category: 58:31