



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Krost, Astrid

Club: Halle

Number: 153

Course: 15.30 km

Hauptlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:27:02

Speed: 10.34 km/h

Running performance: 5:41 min/km

Rank in course/Total: 133 (of 158)

Rank in course/Women: 27 (of 44)

Best time in course: 1:01:16

Rank in category: 5(of 5)

Best time in the category: 1:13:15