



## 22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

### Detailed evaluation

**Kulow, Volker**

Club: Volkssport Leipzig

Number: 158

Course: 15.30 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:40:33

Speed: 8.95 km/h

Running performance: 6:34 min/km

Rank in course/Total: 151 (of 158)

Rank in course/Men: 113 (of 114)

Best time in course: 50:36

Rank in category: 14(of 14)

Best time in the category: 1:01:24