



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Knies, Dietmar

Club: LC Auensee Leipzig

Number: 321

Course: 10.20 km

Ü60

Category:

Senioren M60 (60-64 Jahre)

Total time: 47:33

Speed: 12.87 km/h

Running performance: 4:40 min/km

Rank in course/Total: 4 (of 32)

Rank in course/Men: 4 (of 27)

Best time in course: 41:59

Rank in category: 2(of 9)

Best time in the category: 44:15