



22. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 23.06.2012

Detailed evaluation

Zerbe, Friedmar

Club: LG Silbersee Leipzig

Number: 330

Course: 10.20 km

Ü60

Category:

Senioren M70 (70-74 Jahre)

Total time: 55:10

Speed: 10.88 km/h

Running performance: 5:25 min/km

Rank in course/Total: 15 (of 32)

Rank in course/Men: 15 (of 27)

Best time in course: 41:59

Rank in category: 5(of 9)

Best time in the category: 49:12