



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Rinke, Andreas

Club: Effelder
Number: 82

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:19:45

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course/Total: 30 (of 79)

Rank in course/Men: 30 (of 71)

Best time in course: 1:04:14

Rank in category: 5(of 7)

Best time in the category: 1:08:36