



10. Kanonenbahnlauf  
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Koch, Thomas

Club: LTV Obereichsfeld  
Number: 11

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:20:27

Speed: 11.93 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 32 (of 79)

Rank in course/Men: 32 (of 71)

Best time in course: 1:04:14

Rank in category: 3(of 13)

Best time in the category: 1:11:42