



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Arand, Raimund

Club: DJK SV Arenshausen
Number: 2

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:24:36

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 42 (of 79)

Rank in course/Men: 40 (of 71)

Best time in course: 1:04:14

Rank in category: 2(of 4)

Best time in the category: 1:19:24