



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Kellner, Roland

Club: SpVgg Faulungen
Number: 78

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:51

Speed: 11.05 km/h
Running performance: 5:26 min/km

Rank in course/Total: 48 (of 79)

Rank in course/Men: 46 (of 71)

Best time in course: 1:04:14

Rank in category: 9(of 12)

Best time in the category: 1:06:33