



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Vollrath, Oliver

Club: Nordhausen
Number: 47

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:34:01

Speed: 10.21 km/h
Running performance: 5:53 min/km

Rank in course/Total: 65 (of 79)

Rank in course/Men: 60 (of 71)

Best time in course: 1:04:14

Rank in category: 7(of 7)

Best time in the category: 1:08:36