



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Ruhland, Peter

Club: BSV Blau Weiß Lengenfeld/Stein
Number: 39

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:35:05

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 66 (of 79)

Rank in course/Men: 61 (of 71)

Best time in course: 1:04:14

Rank in category: 11(of 13)

Best time in the category: 1:11:42