



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Rinke, Gerhard

Club: 1.SC 1911 Heilbad Heiligenstadt
Number: 29

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:41:37

Speed: 9.45 km/h
Running performance: 6:21 min/km

Rank in course/Total: 71 (of 79)

Rank in course/Men: 65 (of 71)

Best time in course: 1:04:14

Rank in category: 5(of 5)

Best time in the category: 1:28:34