



10. Kanonenbahnlauf  
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Frisch, Lydia

Club: Schimberg OT Wilbich  
Number: 4

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:46:24

Speed: 9.02 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 76 (of 79)

Rank in course/Women: 7 (of 8)

Best time in course: 1:22:26

Rank in category: 2(of 2)

Best time in the category: 1:31:20