



10. Kanonenbahnlauf  
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Noack, Christian

Club: PSA

Number: 108

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 32:25

Speed: 12.96 km/h

Running performance: 4:38 min/km

Rank in course/Total: 20 (of 64)

Rank in course/Men: 18 (of 44)

Best time in course: 24:28

Rank in category: 5(of 7)

Best time in the category: 27:02