



10. Kanonenbahnlauf
Lengenfeld unterm Stein / 23.06.2012

Detailed evaluation

Tasch, Hartmut

Club: Rodeberg / Struth
Number: 111

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 35:30

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 29 (of 64)

Rank in course/Men: 26 (of 44)

Best time in course: 24:28

Rank in category: 3(of 5)

Best time in the category: 26:48