



12. Kirschlauf des USV Erfurt
Kleinfahrer / 24.06.2012

Detailed evaluation

Köhler, Jens

Club: LSV Lokomotive Arnstadt
Number: 146

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:07:10

Speed: 12.51 km/h
Running performance: 4:48 min/km

Rank in course/Total: 29 (of 245)

Rank in course/Men: 28 (of 182)

Best time in course: 53:26

Rank in category: 2(of 33)

Best time in the category: 1:01:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	38:55	4:41	2	2:48	26	7:12	8.30	38:55	4:41	33		28	7:12
Finish	5.70	28:15	4:57	2	2:28	27	6:32	14.00	1:07:10	4:47	2	5:16	28	13:44