



12. Kirschlauf des USV Erfurt
Kleinfahrer / 24.06.2012

Detailed evaluation

Thomas, Frank

Club: LAV Saale-Rennsteig
Number: 182

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:16:36

Speed: 10.97 km/h
Running performance: 5:28 min/km

Rank in course/Total: 83 (of 245)

Rank in course/Men: 80 (of 182)

Best time in course: 53:26

Rank in category: 13(of 33)

Best time in the category: 1:01:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	43:43	5:16	12	7:36	76	12:00	8.30	43:43	5:16	22		79	12:00
Finish	5.70	32:53	5:46	13	7:06	84	11:10	14.00	1:16:36	5:28	13	14:42	80	23:10