



12. Kirschlauf des USV Erfurt  
Kleinfahrer / 24.06.2012

Detailed evaluation

Esche, Karsten

Club: LSV Lokomotive Arnstadt  
Number: 145

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:20:18

Speed: 10.46 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 106 (of 245)

Rank in course/Men: 100 (of 182)

Best time in course: 53:26

Rank in category: 18(of 33)

Best time in the category: 1:01:54

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Posten  | 8.30        | 44:56         | 5:24            | 16          | 8:49           | 90          | 13:13         | 8.30          | 44:56         | 5:24            | 2           |                | 99         | 13:13         |
| Finish  | 5.70        | 35:22         | 6:12            | 20          | 9:35           | 110         | 13:39         | 14.00         | 1:20:18       | 5:44            | 18          | 18:24          | 99         | 26:52         |