



12. Kirschlauf des USV Erfurt
Kleinfahrer / 24.06.2012

Detailed evaluation

Ziezold, Nadine

Club: Lauf mit bleib Fit Ernstroda
Number: 206

Course: 14.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 1:23:34

Speed: 10.05 km/h
Running performance: 5:58 min/km

Rank in course/Total: 124 (of 245)

Rank in course/Women: 12 (of 63)

Best time in course: 1:03:32

Rank in category: 6(of 14)

Best time in the category: 1:13:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Posten	8.30	47:47	5:45	5	4:35	12	10:39	8.30	47:47	5:45	6	4:35	43		
Finish	5.70	35:47	6:16	6	5:51	16	9:23	14.00	1:23:34	5:58	6	10:26	12	20:02	